

# February Newsletter

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*Support our food pantries! Bring non-perishable items to every meeting;*

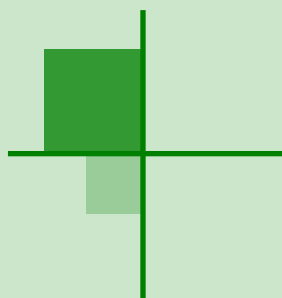
***Dues are due!***

1st Q 2014 Meeting Dates:

**February 4**

March 3 next

**First Tuesdays**



## Civic Minutes January 7th

### ROCKY POINT 1/7/14 CIVICS MEETING

#### 7:44 Pledge of Allegiance

Board in attendance: Kathy Weber, President; Pat Adamko, Corresponding Secretary; Charles Bevington Ed.D, Sargent at Arms; Joan Sele, Membership Chair  
Trustees in attendance: Virginia Heslin, Rory Rubino, Susan Bevington

C. Bevington made the Motion to waive the reading and accept the December minutes. The motion was seconded by Virginia Heslin.

#### Correspondence

Board of zoning appeals meeting 1/8/14

Treasurers Report Dec 31, 2013  
Checking \$ 652.83; Savings \$2,900.34; Cash \$20.33

Membership: 133 paid members. Annual dues are due now.

Cope report: presented by R Rubino

Two (2) cases of petit larceny at local stores along 25A. Merchandise was removed without payment; Two (2) case of grand larceny on Ficus Road and Prince Road; One (1) case of vandalism on Dawn Road; Three (3) cases of assault on Westchester Drive, Friendship Drive and Broadway; Four (4) cases of harassment at Hawthorne Road, Sunburst Drive, Oakland Avenue and Twilight Road; Six (6) burglaries Leisure Knoll within a 2-3 week period.

Investigation underway  
Sign damage update: Police could not find an accident report back through September. Rory will request they look back to August at the next COPE meeting  
Old Business:

#### Land Use Committee Report

No updates. Maria Farley to work on meeting dates (Wednesday January 29 at RP Diner 7:00). The plan is to meet once per month. Maria will coordinate the meetings. Anyone who is interested in joining the Land Use Committee, please contact Maria Farley.

A question was asked about the \$250,000 in HUD money for Rocky Point. The Land Use Committee will follow up to find out if it has been spent or if it is part of the \$500,000 promised by Ken LaValle or \$750,000 promised by Dan Losquadro.

#### Speakers: NSBPOA

Informational presentation by Mike Armondo, Des Butler, Bob Leonard and Rory Rubino.

Mike Armondo, President – has been instrumental along with a number of volunteers in installing “rain-gardens” to mitigate storm-water runoff onto our beaches. Bob Leonard – Clubhouse chairperson – The Clubhouse has been a community meeting place since the 1920’s. Anyone who would like to rent the clubhouse for an event or private party can contact Bob Leonard for more information. Des Butler – Activities chairperson for the NSBPOA – activities include the annual Lobsterfest and Comedy Night. Rory Rubino – President of NSBPOA Auxiliary – The Auxiliary is the fundraising arm of the NSBPOA. There are many activities throughout the season run by the auxil-

iary including a Summer Dance, Field Day, Annual Golf Outings, Game nights and Dolly and Me.

#### New Business

Farmers’ Market committee meeting will be held on Feb 4th at 6:30 (prior to the Civics meeting).

Karen Blumer suggested our communities work arm in arm in solving the storm-water runoff issue. Partnering with Shoreham and Wading River to solve our shared issues of storm-water runoff would be beneficial to all. By coordinating our efforts and combining our knowledge, experience and resources we may find a solution

Kathy Weber would like to see the Civics, NSBPOA and Historical Society and other community groups within Rocky Point work together towards our common goals. A suggested was made that the Rocky Point Civics act as liaison for the other community groups within Rocky Point.

Joe Cognitore thanked Charles Bevington for his two years of service as Civics’ President and wished Kathy Weber the best in her new role as President. He also thanked the Civics and the community for the support and contributions to the Children’s Christmas party which was a tremendous success. There will be a meeting of the North Brookhaven Chamber of Commerce at the East Wind on January 20th. 50/50 of \$23 was donated back to the Civics by C. Bevington.

8:50pm - a motion was made by Virginia Heslin to adjourn the meeting. Seconded by Valerie Butler



2014

**Rocky Point Civic  
Association**

**President - Kathy  
Weber**

**Vice President -**

**Treasurer - Maureen  
O'Keefe**

**Recording Secretary -**

**Corresponding  
Secretary Pat Adamko**

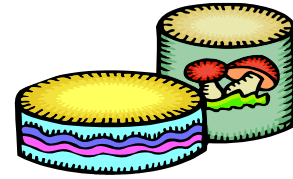
**Sergeant at Arms -  
Charles T. Bevington**

**Membership Secretary  
- Joan Sele**

**Trustee - Rory Rubino,  
Virginia Heslin, and  
Susan Bevington**

**Call for members' \$10  
Annual and \$15 Family  
Dues Renew Now—  
PLEASE RENEW NOW**

**Bring Pantry items  
each meeting...**



**Single-stream** (also known as "fully commingled" or "single-sort") recycling refers to a system in which all paper fibers, plastics, metals, and other containers are mixed in a collection truck, instead of being sorted by the depositor into separate commodities (newspaper, paperboard, corrugated fiberboard, plastic, glass, etc.) and handled separately throughout the collection process. In single-stream, both the collection and processing systems are designed to handle this fully commingled mixture of recyclables, with materials being separated for reuse at a materials recovery facility (MRF).

#### Advantages

Reduced sorting effort by residents may mean more recyclables are placed at the curb and more residents may participate in recycling; Reduced collection costs because single-compartment trucks are cheaper to purchase and operate, collection can be automated, and collection routes can be serviced more efficiently; Greater fleet flexibility which allows single compartment vehicles to be used for refuse or recycling, providing greater fleet flexibility and reducing the number of reserve vehicles needed. To avoid confusing customers, a large sign or banner is sometimes used to distinguish when a refuse truck is being used for recycling.

Worker injuries may decrease because the switch to single stream is often accompanied by a switch from bins to cart-based collection.

Changing to single stream may provide an opportunity to update the collection and processing system and to add new materials to the list of recyclables accepted; and

More paper grades may be collected, including junk mail, telephone books and mixed residential paper. **AND Ed Romaine recently said that the single-stream efforts reduce the costs of garbage by \$105 per ton.**

February Civics meeting will be on Tuesday February 4th. The speaker will be Habitat for Humanity and The Community Development Corp. The Suffolk County Community Development Office, a unit within the Department of Economic Development and Planning, is specifically charged with developing projects designed to benefit persons of low and moderate incomes. Community Development is also charged with preventing or eliminating areas of slum or blight within our communities and assisting areas with urgent needs.. The Suffolk County Community Development Office administers these projects through the Suffolk County Community Development Consortium which includes 17 separate municipalities.

**<http://suffolkcountyny.gov/Departments/EconomicDevelopmentandPlanning/CommunityDevelopment.aspx>**

**451-Town Schedule**

**Supervisor**  
Edward P. Romaine

**Town Council**  
Valerie Cartright CD1  
Jane Bonner CD2  
Kevin LaVelle CD3  
TBD CD4  
Timothy P. Mazzi CD5  
Daniel J. Penico CD6

**Single-Stream Recycling Day**  
All Recyclables (paper and plastic) can be placed into your recycling container. Plastic recyclables #1-7 are now acceptable.

**Yard Waste Pick-up Week**  
LEAVES/WEEDS/BRUSH will be picked up in same week. Must be out Sunday night; will be picked up on one day between Monday and Saturday. NO GRASS.  
Holiday Tree Pick-up/Yard Waste Pick-up Week  
Holiday - No collection - Landfill closed

Visit our website at [www.brookhaven.org/Wastemanagement](http://www.brookhaven.org/Wastemanagement)

JANUARY							FEBRUARY							MARCH						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
			2	3								1							1	
6	7	8	9	10	11		2	3	4	5	6	7	8	2	3	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22	16	17	18	19	20	21	22
27	28	29	30	31			23	24	25	26	27	28	23	24	25	26	27	28	29	
													30	31						
APRIL							MAY							JUNE						

**NOTE:**  
If you live in an incorporated village, private community, condo, or apartment complex, please contact your local government or complex management for scheduling information.

The Town of Brookhaven is now Single-stream. All recyclables (paper and plastic) can be placed into your recycling

Newsday: Last year the Rocky Point CSD hosted a forum regarding the following topic. What can the Civics do to follow up? Please read this article from Newsday Sunday January 26, 2014. Come to the meeting next Tuesday and speak up. Your student may be in danger...

Heroin's toll on Long Island is climbing, with hundreds of deaths over two years, an increase in nonfatal overdoses and evidence of a younger clientele, according to public officials, experts and preliminary statistics. The drug killed a record 121 people in Nassau and Suffolk in 2012 and at least 120 last year -- the two highest totals ever recorded, data show. The recent rise in heroin deaths comes even as use of the lifesaving intranasal overdose antidote Narcan grows. Hundreds of overdosing patients -- including 563 people in Suffolk County alone -- successfully received the treatment from police and paramedics last year, county officials said.

The fatal and nonfatal heroin overdoses reflect a nationwide trend toward more use of the drug as opioid pain pills -- which offer a similar high -- become harder to obtain amid increased regulations and a dwindling street supply, officials said. Nassau medical examiner officials said their preliminary 2013 heroin overdose totals could rise by as much as 10 percent when results are complete on remaining cases, while Suffolk officials did not specify the number of outstanding investigations from last year that may yet be classified as heroin deaths. "As bad as these numbers are, they're only the tip of the iceberg," said Jeffrey Reynolds, executive director of the Long Island Council on Alcoholism and Drug Dependence. "We haven't done enough about this problem on Long Island, and it's gotten progressively worse."

#### Worsening Trends

Among the trends involving heroin abuse in Nassau and Suffolk: Long Island drug treatment officials say intake records, state health records and anecdotal evidence suggest treatment for heroin addiction has increased roughly fourfold on the Island since 2011. Nonfatal heroin overdoses are also rising as cheap, powerful bundles of the drug flood the region, according to officials and records. Children and young adults are turning to heroin at an earlier age, officials said. Suffolk treatment experts, for example, recently treated a 13-year-old girl for heroin addiction, which the 8th-grader developed after using MDMA -- also known as Molly or Ecstasy -- and cocaine, said John Venza, vice president of Adolescent Services for Outreach Development Corp., a substance-abuse treatment organization with offices on Long Island.

Despite its large swaths of middle- and upper-income areas -- including some of the wealthiest neighborhoods in the country -- Long Island has become a thriving market for heroin dealers who use the Long Island Expressway to move heroin back and forth from New York City, leading Queens prosecutors to dub the road the "Heroin Highway" in 2012, officials said. A bag of heroin is usually sold for just \$6 to \$10 on the Island because of its proximity to the city, one of the country's largest heroin markets. The same size bag, which usually amounts to a single dose, can be sold for \$30 or more in rural sections of the tristate area and New England, where supply chains are less accessible, officials said. "These numbers demonstrate that we have to redouble our efforts to crack down on those who deal heroin while providing needed treatment for those who are addicted," state Sen. Phil Boyle (R-Islip), chairman of the Senate's Committee on Alcoholism and Drug Abuse, said of heroin deaths. "This is an epidemic in the truest sense of the word."

Heroin is considered one of the world's most powerful and addictive drugs, leading one out of every four people who try it to become addicted, according to research published by the U.S. government. Users' tolerance typically builds quickly, requiring them to use an ever-increasing amount of heroin to produce the same high. A typical heroin addict on Long Island in the past might use six to eight bags of the drug per day, authorities said, but with a glut of cheap product on the market, that number is on the rise. "The quantity of heroin they're using right now is staggering," Reynolds said of addicts on Long Island. "Ten to fifteen bags is now the norm. It's a mind-blowing amount of drugs."

#### A Dual Problem

Long Island officials have fought the twin scourges of heroin and pain pill abuse for nearly a decade, as increased access to legal opiates such as oxycodone and hydrocodone created a new generation of addicts. Parents would often store the pills in medicine cabinets, where their children could steal them to use or sell. Some addicts unable to get the drugs from doctors turned to home invasions and pharmacy robberies to obtain pills, with sometimes devastating results. Pain pill addict David Laffer murdered four people during the robbery of a Medford pharmacy in June 2011, and federal agent John Capano was mistakenly killed in December 2011 by a retired Nassau County police officer during a struggle with a man who had allegedly just robbed a Seaford pharmacy. Those events spurred a series of crackdowns and reforms, including the creation of a statewide, real-time prescription tracking database. Pain pill supplies have decreased on the black market as a result, records show, sending their price soaring, up to \$20 to \$80 per pill, depending on their strength. Drugmakers also increasingly used tamper-resistant formulas for their opioids, making them harder to snort or inject. All but shut out of the pill market, many opiate addicts increasingly turned toward heroin in its place, said police, public officials and treatment experts. In accordance with that trend, officials said, overdose deaths involving opioid pills decreased in 2013. In Suffolk, non-heroin opiate deaths fell to 104 last year from 151 in 2012, records show. In Nassau, non-heroin opiate deaths fell to 67 in 2013 from 101 in 2012, records show.

#### Kids are particularly at risk

Current and former heroin addicts said the drug can be particularly alluring to young Long Islanders because of a lack of nightlife activities in the area -- particularly in some rural stretches of land found in Suffolk County. "Long Island is a nice place to live, but it's kind of lacking in things for young people to do, which makes drug experimentation more attractive here," said Beth O'Riley, 25, of Hauppauge, a visual artist who said she was a former heroin and pill addict. Among those who died in 2012 from heroin-related overdoses was Megan Roethel, 22, of Huntington, who began using the drug when it became too difficult to buy pain pills, said her mother, Susan Roethel. "Young people are not afraid of heroin anymore," Roethel said. "And it's everywhere." Jamie Bogenschutz, executive director of the YES Counseling Center in Massapequa, said a number of local heroin users are overdosing after vowing to shoot up one final time before entering treatment. "A lot of them say, 'I just need to do this one more time and then I'll get help,'" Bogenschutz said. "And it's that one more time they don't always survive."

In a statement responding to the overdose numbers, Nassau County Executive Edward Mangano said, "Nassau County leads the nation with its aggressive substance abuse prevention, education and enforcement efforts" and hailed the county's Prescription Drug Abuse Task Force and Heroin Preven-

tion Task Force as helping to prevent more overdoses. Suffolk County Executive Steve Bellone said in a statement that "heroin addiction and abuse is a public health crisis that must be tackled from multiple levels" and lauded the county's expanded use of Narcan, along with a law he supported to help those saved by the antidote receive additional treatment. Suffolk police said the number of heroin-related arrests rose to 1,386 in the county in 2013 from 1,266 in 2012. The total was 1,051 in 2011. The number of heroin-related arrests by Nassau police rose significantly as well, to 500 in 2013 from 427 in 2012, records show. The total was 228 in 2011. Reynolds said the latest heroin overdose numbers should serve as a wake-up call for Long Island's public officials, politicians and parents.

"This is clearly one of Long Island's most pressing public health disasters," Reynolds said. "How bad does it need to get before we finally take notice and do something about it?"

## Habitat for Humanity

**The mission of Habitat for Humanity of Suffolk Restore is two-fold. One part is to take valuable construction and home improvement products out of the waste stream and offer them to the public at greatly reduced prices. The other part is, by selling items, to raise money for building homes for those in need.**



## February 4th Agenda:

**Pledge of Allegiance 7:30 PM**  
**Roll call of Officers and Trustees**  
**Reading of Minutes of Previous Meeting**  
**Report of Officers**  
**Report of Committees**

**Speakers: Habitat for Humanity and the SC Community Development Corp**

**COPE Report**  
**Old Business**

**Land Use Committee Report**  
**New Business:**  
**Good and Welfare of the Association.**  
**Motion to Adjourn 9:00 PM**

**March Civics speakers from Hallock House:**  
**Natalie Steifel and Architect David Griffin**

*Who to call? List of important numbers*

*Police and Emergency: 911 and Address: 400 Middle Country Rd, Selden, NY 11784 Phone:(631) 854-8600 Non emergency 852-COPS*

*Fire Department(631) 744-2390*

*Dangerous road complaint? Pothole repair call Highway Supt Losquadro (631) 451-9200, (631) 732-2584, fax*

*For Councilwoman Jane Bonner: 451-6964, phone / 451-6447, fax councilwomanbonner@brookhaven.org*

*For Supervisor Brookhaven Ed Romaine: One Independence Hill , Farmingville, NY 11738 (631) 451-TOWN*

*For NYS Assemblyman Anthony H. Palumbo District 2, 400 W. Main St., Suite 201, Riverhead, NY 11901 631-727-0204*

*For Suffolk County Assemblywoman Sarah Anker: (631) 854-1600 620 Route 25A, Suite B, Mt. Sinai, New York 11766*

Page 5 email only: **[Rocky Point Farmers and Artisans Market page](#)**

**Farm to Table News: The Rocky Point Civics Association 501C4 [Rocky Point Farmers and Artisans Market](#) THIRD Year Begins Sunday May 11th 2014 Mothers Day. Please join our initial planning discussion prior to the regular civics meeting next Tuesday February 4th at 6:30 PM VFW.**

Welcome back to the LocalHarvest newsletter.

Earlier this month, General Mills announced that Cheerios would no longer be made with genetically modified (GMO) ingredients. Anti-GMO activists were pleased, while defenders of Corporate Food insisted it was no big deal. General Mills did have a relatively easy job of it; the only GMO ingredients in its original Cheerios were a little e cornstarch and sugar which were readily replaced by non-GMO sources. Unfortunately, General Mills is not removing the GMO ingredients from its [myriad other products](#) so there is no reason to think that the company is concerned about the widespread use of GMOs. To the contrary, General Mills owns organic brands Cascadian Farm and Muir Glen which made [campaign contributions](#) that helped defeat the GMO labelling initiative in the State of Washington last November. Given all this, some people have suggested that the change with Cheerios was just a PR ploy. Maybe it was. Certainly General Mills knew that the move would appeal to many parents who feed Cheerios to their toddlers. Whatever the motivation, Cheerios going non-GMO is a very small gesture on the part of a very big food conglomerate.

So, does it matter? We at LocalHarvest think it matters deeply over the long run.

Most people in this country find themselves in the cereal aisle at least once a week. Most of those shoppers would probably not go out of their way to find a GMO-free cereal, but given that polls show that the vast majority of Americans want access to GMO-free food, we have to assume that many of them will be glad to have a convenient option. The change with Cheerios is important because it gives everyone a chance to easily and knowingly choose a product that is free of GMOs. What begins with Cheerios may very well carry over to other GMO-free products. Sometimes peoples' buying patterns actual strengthen their beliefs, which then deepen their commitment to their buying patterns. Anyone who buys organic food has probably experienced this; I know I did. I started buying organic vegetables and fruits out of concern about pesticides. Gradually, organic became a higher priority and I started investing in organic meat. Then I switched to organic milk and yogurt. I'm still working on cheese and get organic grains or beans when I can.

We start with something easy and eventually realize that the issue has become more important to us. We put effort into it. This is one way to create change. One choice leads to another, leads to another, and to a strengthened conviction over time.

Moving toward a GMO-free food system will take a lot more than Cheerios. But if a few million people get in the habit of buying this one GMO-free product, they may begin looking for others. If they do, America's food manufacturers will respond. What sells gets produced. Meanwhile, if even a couple of million of those people started making a little noise for GMO labelling, it will only be a matter of time before a [labelling law](#) gets passed in a populous state, and that could be the tipping point for labelling laws across the nation.

Genetically modified ingredients have infiltrated nearly every corner of the food system with very little public debate about the risks and possible benefits. It is that public discussion, along with the kind of labelling laws already in place in Europe and elsewhere, that we at LocalHarvest feel are vital. GMO-free Cheerios may play a role in furthering those causes...even if that wasn't General Mills' intent.

Until next time, take good care and eat well, Erin Barnett, Director LocalHarvest visit <http://www.localharvest.org>

# ROCKY POINT CIVICS ASSOCIATION

MEETNG Tuesday February 4th

6:30 Rocky Point Farmers and Artisans  
Market Committee Meeting

7:30 Regular Meeting

VFW at King Road and Broadway

8:00 Speakers: Habitat for Humanity and  
The Community Development Corp.

The Suffolk County Community Development Office, a unit within the Department of Economic Development and Planning, is specifically charged with developing projects designed to benefit persons of low and moderate incomes.

Do you have any questions?

For info email [cbevingt@optonline.net](mailto:cbevingt@optonline.net)